

Health, Safety, and Outdoor Manners

Learning Objectives As a result of this training experience, participants should be able to

- Describe and use applicable water safety standards.
- Describe and use fire safety standards.
- Describe transportation safety requirements.
- Apply appropriate Youth Protection guidelines.
- State the six principles of Leave No Trace Frontcountry Guidelines.

Trainer Preparation

- Study the training outline.
- Review chapters 13, 14, 27, and 33 in the *Cub Scout Leader Book* for information regarding health, safety, and outdoor manners.
- Review the *Guide to Safe Scouting*.
- Practice and time your presentation in advance to help you stay within the time limit.

Materials

33221B, *Cub Scout Leader Book*
13-022A, Leave No Trace Frontcountry Guidelines
333853A, *Webelos Leader Guide*
34416D, *Guide to Safe Scouting*
19-130, Sweet 16 of BSA Safety
20-099, Climb On Safely
33428A, Outdoor Code card
33832A, *Cub Scout Leader How-To Book*, Chapter 4, "Outdoors"

Handouts

13-032A, Leave No Trace Frontcountry Guidelines
19-130, Sweet 16 of BSA Safety
20-099, Climb On Safely
18-260, Age-Appropriate Guidelines for Scouting Activities

Suggested Techniques of Presentation

- Talk, using prepared flip chart as a visual aid
- Talk, using flip chart, whiteboard, or chalkboard to record main points during presentation

Before You Begin	The four activity badge sessions—Naturalist, Geologist, Forester, and Outdoorsman—can be presented as a round-robin for up to four training dens by setting them up as stations in close proximity to each other. The dens could then rotate from station to station every 20 minutes for a small-group learning experience. For five dens, Health and Safety can be added as a station. Up to 10 training dens can be accommodated by having pairs of dens travel together.
Time	20 minutes. Start on time. End on time.
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Introduction	<p>Make the point that leaders should always be cautious when conducting Webelos den outdoor activities. Make sure there is adequate supervision and that materials and equipment are used properly. A harmless object can become dangerous when used incorrectly. Safety must come first!</p> <p>Many of the following subjects were covered in New Leader Essentials or Cub Scout Leader Specific Training. Further information is in the <i>Cub Scout Leader Book</i>.</p>
Buddy System	The buddy system should be used on an outing, whether a short den meeting event or a parent-and-son campout. On a Webelos den overnight campout, the parent or guardian would be the buddy in most cases. This direct supervision will help eliminate possible safety hazards.
Transportation	<p>Point out and review the “Transportation Safety” information in chapter 13 of the <i>Cub Scout Leader Book</i>. For a planned trip, every driver should have a map and directions. Do not “convoy” or try to follow each other, because this causes dangerous traffic situations. If necessary, arrange for a break at a predetermined rendezvous spot.</p> <p>Passenger cars, vans, and station wagons may be used for transporting passengers. Individual seat belts must be available for, and used by, all boys and adults. Trucks may not be used for transporting passengers except in the cabin.</p>
Water Safety	<p>If your activities will include any water activities, either swimming or boating, an adult must be present who is trained in and committed to compliance with the eight points of the Safe Swim Defense and/or the nine points of Safety Afloat.</p> <p>Briefly review the requirements for both aquatics safety plans as stated in chapter 14 of the <i>Cub Scout Leader Book</i>.</p> <p>Point out that canoeing may not be conducted in a Webelos den overnight campout. Canoeing is limited to council/district events on flat-water ponds or controlled lake areas free of powerboats and sailboats.</p>
Fire Safety	<p>All required fire permits must be secured ahead of time. Abide by all camp or park regulations regarding restrictions in high-risk areas.</p> <p>A minimum of 10 feet should be cleared around the fire pit. Water and sand for dousing flames should be next to the fire pit.</p>

**Leave No Trace
Frontcountry
Guidelines and the
Outdoor Code**

Leave No Trace Frontcountry Guidelines for Cub Scouts is an outdoor skills and ethics awareness program. It is intended to reduce our effect on the environment and on the experiences of other people in the environment.

Hand out and review the six points of Leave No Trace Frontcountry Guidelines.

Remind participants of the Outdoor Code, which was used in the opening ceremony. These are guidelines to use for all outdoor activities, not just when camping.

**Youth Protection
Guidelines**

Encourage participants to take Youth Protection training if they have not already done so.

When tents are used, no youth may stay in the tent of an adult other than his parent or guardian. When housing other than tents is used, separate housing must be provided for male and female participants.

Each boy must be under the supervision of his own parent or guardian. If a parent or guardian is unable to attend the campout, the boy's family must make arrangements for one of the other parents attending, or for another adult relative or friend, to be a substitute at the overnighter. In special circumstances, an adult may be responsible for more than one boy.

Refer participants to chapter 27 in the *Cub Scout Leader Book* for more information about Youth Protection guidelines for overnight camping.

Review the guidelines on privacy in chapter 33 of the *Cub Scout Leader Book*.

Climbing/Rappelling

Webelos Scouts are encouraged to engage in climbing/rappelling in a controlled environment with close supervision by instructors who are knowledgeable about instructing this age group. It is recommended that Webelos Scouts do not use climbing towers and walls in camp that have been designed for Boy Scout use.

**Sweet 16 of
BSA Safety**

Hand out and review the 16 points of "The Sweet 16 of BSA Safety." All leaders and parents should be aware of these safety points, which embody good judgment and common sense. They are applicable to all activities.

Summary

For camping experiences to be pleasant and memorable for all participants, enough time must be allowed before the overnight campout to deal with health and safety issues. The BSA provides resources, checklists, and written material to cover any contingency. As the leader for the campout, it is your responsibility to see that all health and safety issues are addressed adequately to ensure the safety of everyone in your care. Then everyone can have maximum enjoyment from the event.